

Cultivating and Choreographing the Rich Tapestry of Whole Hearted Creativity

A Virtual 12 month Inquiry to re-Source You and re-Vitalise your Professional
Life

A NEW EMCC Global Quality Award Level 5 Bespoke Accredited Practitioner
Diploma Programme from PattersonPrenticeDesigns



Each of us
holds a thread
of some vast tapestry
that we cannot know alone.
It is in that awareness
that we gather,
laying down our burdens
lifting up the threads.
"Retreat" by Judy Brown



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*"We don't accomplish anything in this life alone...and whatever happens is the result of the whole
tapestry of one's life and all the weavings of individual threads from one to another that creates
something."*

Sandra Day O'Connor

Introducing the Diploma

Join us for a 12 month beautifully curated journey where you can cultivate and choreograph the essence of your own whole hearted creativity into a rich tapestry which will both re-Source you and re-Vitalise your professional practice in this new EMCC Global Quality Award Level 5 Bespoke Accredited Practitioner Diploma on line programme.

In this bespoke programme, you will journey in community with like-minded professionals as we weave the six creative thresholds of any creative journey into new tapestries of being and doing – of living, learning and working for crafting wise action.

Together we will share in the surprises, delights and challenges as you encounter and explore the ebbs and flows, the warp and weft, and the depth, source and breadth of your own innate creativity and potency, so that you can bring new and fresh energy and agency into your own life and into your professional practice. Because HOW you choose to journey is *WHO* you become, shaping WHAT you can create! And because it takes a community to weave *the tapestry* of life!

"On this journey you begin to see how the sides of your heart that seemed awkward, contradictory and uneven are the places where the treasure lies hidden".

John O'Donohue

Why Now?



"The tapestry of life continues to be woven. Occasionally a chance arises to repair an older, tattered piece of the weave. Something happens to jolt our awareness back in time to an event that resulted in tears and rips. With new, more mature vision, we see the circumstances in present time and have compassion for the unclear events of the past. While the new experience is being woven into the design, the old rip is simultaneously being repaired. All is well."

Bessie Senette

In our VUCA world, new and fresh ways of being and doing are urgently needed if we are to re-imagine and co-create different futures which can bring us into wholeness and contribute to healing our fragmented world.

Beyond yesterday's logic and our traditional tools, a compassionate whole hearted creativity is the new meta skill which can free us from the past patterns and paradigms which are no longer serving us – either individually or collectively. This is the place where we can remember to connect to the vast warp and weft of possibility and potential which is naturally inherent in us and in nature and from which we can weave new tapestries of hope, possibility, meaning, wisdom and agency whatever our role or context.

Who is the Programme for?



"We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their colour."

Maya Angelou

The programme is for any leader, coach, supervisor, people professional and creative spirit who wants to inhabit the rich holistic field of whole hearted creativity as an intentional attention to our way of being and working in today's VUCA world. It is for anyone who wants to go on a profound inner journey in order to cultivate their creativity and understand the unique choreography of their own creative process and who is looking for the next stage in the dance of their personal and professional development. It is for anyone who wants to step into ways of being that help to thread learning, growth and wisdom into the very fabric of who they are whilst inspiring others to do the same.

What Is the Design of the Programme?



"Nature uses only the longest threads to weave her patterns, so that each small piece of her fabric reveals the organization of the entire tapestry."

Richard P. Feynman

The programme is fun, experiential, experimental and reflective. The Diploma is grounded in the joy of connection, learning, discovery and artisanship.

Participants take a twin track approach exploring their own creative self, finding their own creative self expression and shaping their own creative identity whilst also applying their learning to a work based project or case study of their choosing over the 12 months.

The 12 month programme journeys through the 6 creative thresholds of Preparation, Connection, Inspiration, Rejuvenation, Conservation and Harvesting to Exhibition and Celebration

Crossing the 1 st Threshold:	Preparation - Winter's Prelude
Sensing in the 2 nd Threshold:	Connection - Winter's Opening
Immersion in the 3 rd Threshold:	Inspiration - Touching Spring's Possibilities
Discernment in the 4 th Threshold:	Rejuvenation - Summer's Crafting for Wise Work
Savouring in the 5 th Threshold:	Conservation - Late Summer's Denouement
Harvesting in the 6 th Threshold:	Portfolio Exhibition - Autumn's FeedingForward into the Future
Celebrations, Certificates and Close	

and is set against the changing seasons of the year.

We start with the premise that everyone is an "A" star student. We will use a fresh process of dynamic inquiry and creative self reflection for ongoing personal learning during the programme. We will use a co-created dynamic peer review inquiry process to conclude and confirm successful completion of the programme for everyone.

Each bi-monthly threshold will be explored through a beautifully curated fusion of artistic, musical, somatic, mindfulness, poetical, nature-based, and reflective journaling practices. Self study will be woven in with alternate monthly Community Salons and Studio Webinar Presentations on Zoom. In addition you will form into trios for monthly virtual Café Gatherings, and you also will supported by two virtual reflective 1:1's sessions with a member of Faculty mid way and towards the end of the programme. The 12 month Practitioner Diploma Programme is made up of 162 hours of study time (which equates to about 3 hours a week) and over its

duration will be a seamless blend of 60% skills practice, 25% reflection, 25% theory and models and 10% planned processes to meet the EMCC Global EQA guidelines for accredited courses.

We chose the metaphor of the craft of weaving because for us it holds the changing dynamic processes you will encounter and experience at each threshold as you spiral into an ever deepening alignment and connection to your intention, humanity and potency.

The programme builds on the latest research and thinking in such diverse spheres as relational dynamics, adult learning, mindfulness, psychology, creativity, nature and the arts.

The total programme is made up of

- 6 x 2 hour Community Salons
- 7 x 1 hour Studio Webinars with guest speakers
- 6 PDF Workbooks containing reading lists and a range of exercises, practices and reflective questions
- 6 Podcasts
- 6 Café Trios
- 2 x one hour reflective 1:1 Sessions with Faculty
- Application of learning to a work based project
- 3 x Self Assessments
- Ongoing creative reflection and journaling or sketchbook and photo journaling practices
- Portfolio assessed by a dynamic peer review process

over the course of the year. When you register, you will receive a Programme Handbook and pre-course preparation.

What Will I Receive From My Participation?



“As I look back at the entire tapestry of my life, I can see from the perspective of the present moment that every aspect of my life was necessary and perfect. Each step eventually led to a higher place, even though these steps often felt like obstacles or painful experiences.”

Wayne Dyer

Your participation means that:

1. You will be fully supported as you go on a personal and professional creative journey to experience and to understand first hand the ebbs and flows and the theory and the

practice of the creative process as you also apply your learning to your own life and to a work based project of your own choosing in the company of like minded professionals

2. You will embark on a profound inner journey which will fuel and nurture your outer work whatever your role or context
3. You will gift yourself vitally important reflective time and space to discover the essence, sources and threads that make up your own creativity, befriend your own creative self and find your own modes of creative expression so that, if you wish, you can role model this for others
4. You will find the creative confidence and resilience to apply more reflective and creative approaches, processes, methodologies and practices to your work to re-Vitalise your professional practice
5. You will have the opportunity to join a new community of practitioners dedicated to intentionally bringing more creativity into the world

Am I Eligible?

"The beginning is always NOW"

Roy T.Bennett

The Diploma is for leaders, coaches, supervisors, people professionals and people who want to develop a more creative edge to who and how they work.

Participants will need to have been working in the people development, creative or leadership fields for at least 5 years and be able to dedicate an average of about 3 hours a week to the programme. Participants also need to be able to self-study and be comfortable working in community on Zoom.

Your Investment

"I own nothing of value at all. I spend money on experiences"

Miranda Hart

£1,950.00 GBP or £162.50 per month or just over £5 a day. VAT is not charged.

Early Bird offer of £1,800.00 until 15th August 2020.

A non-refundable deposit of £250.00 GBP secures your place and then 50% of the remaining payable in equal amounts in January 2021 and May 2021.

Flexible payment plans are also available upon request.

When the Diploma is full, we plan to donate the equivalent of a cost of a place to support crafting communities worldwide.

Dates

From November 2020 with our Welcome Webinar to November / December 2021 with the submission of your Portfolio for the Award of the Diploma

Materials Needed

Participants will need:

- Journals and sketchbooks
- Coloured pens
- Art or metaphor cards
- Art, crafting or design materials
- Camera
- Computer, and Zoom link
- A copy of the books "Reflect to *Create!* The Dance of Reflection for Creative Leadership, Professional Practice and Supervision" and "Nature's Way Designing the Life You Want through the Lens of the Five Seasons" plus the accompanying cards which are available direct or from the Amazon

"Destiny itself is like a wonderful wide tapestry in which every thread is guided by an unspeakable tender hand, placed beside another thread and held and carried by a hundred others."

Rainer Maria Rilke

About Elaine and Karyn

The Diploma has been designed by Elaine Patterson and Karyn Prentice from the award winning PattersonPrenticeDesigns.

Both Elaine and Karyn are internationally Accredited Executive Coaches and Coaching Supervisors and are senior members of Faculty at the Coaching Supervision Academy International Ltd. The Diploma has been born from their rich creative partnership and is grounded in the philosophy of their books "Reflect to *Create!* The Dance of Reflection for Creative Leadership, Professional Practice and Supervision" and "Nature's Way - Designing the Life You Want Through the Lens of Nature and the Five Seasons"



What people say about Elaine and Karyn.....

"Karyn and Elaine are masters of creation – in orchestrating a magical setting and process. I came in need of refreshing and depart sated in body and soul. Allow yourself this retreat. Your heart will thank you. And I thank Karyn and Elaine"

Adrienne McDunn, President and CEO of Personalysis Corporation, USA

"I struggle to articulate the pleasure and energising impact of my experience on the Autumn Equinox Retreat with Elaine and Karyn. Such care and creativity went into its design and execution. In a varied and gentle way it took me to a deep, revealing and comforting place. The venue and environment defy description for their beauty, peacefulness and sumptuous luxury encapsulating a spiritual and energetic harmony that lifts the heart and soul."

Jane Emmanuel: Coaching | Leadership Development | Facilitation UK

"The Autumn Equinox Fall Retreat was a magical experience. I highly recommend it. Under Karyn's and Elaine's sensitive facilitation, all of us were invited to enter at whatever level we needed. The retreat offers a light touch with varied activities that speak to different parts of ourselves and different styles. It's a time to both disconnect and reconnect. It is enhanced by beautiful accommodations, nature's healing touch, sumptuous meals, and participants who respect for each other's space. I came needing time to reflect, re-energize, and refresh myself since so much of my time is focusing on others. This was time and space just for me. I left feeling lighter and clearer; at peace and content in spirit and soul. This is an investment in myself that I would do again with no hesitation. Thank you Karyn and Elaine for the opportunity"

Lynne De Lay, The Coach's Coach, USA

"The programme demonstrates exemplary creative design and innovation and meticulous thought, planning and detail in the planned delivery of the programme. I commend the programme team on the design of this programme and I am delighted to recommend this programme for EQA Bespoke Programme Accreditation at Practitioner Level."

EMCC Global EQA Accreditation Assessment Report

What Do I Do Next?

To find out more or to book your place please contact Karyn at karyn@flectcherprentice.com or Elaine at elaine@ep-ec.com

"Time unfolds beauty, wonder, and mystery to reveal the auspicious tapestry of life."

A.D. Posey